

The Preshal Trust

0141 445 3689



Monday		Monday	
Art Class 10am -11.45am Sewing 10am -11.45am Drum Lessons 11.30am -12.15pm Walking Group 10.30am TBC		Board Games Cooking Class 1pm - 3.30pm Women's Group 1.30 - 3pm	
Pool, Darts, Dominoes	Social Time	Pool, Darts, Dominoes	
Tuesday		Tuesday	
Arts and Crafts Digital Photography 10.30am -11.45am	Lunch Club 12 noon	Bingo 2.30 -3.30pm Choir 1 - 2pm	
Social Time - Pool, Darts, Dominoes			
Wednesday		Wednesday	
Arts and Crafts 10.30 -12pm Men's Club 10 -12pm TBC YOGA 10.30 - 11.30am sessional		Cooking Class 1pm - 3.30pm Basic Keep Fit 2pm - 3pm IT Class 2 - 3pm TBC	
Social Time - Pool, Darts, Dominoes			
Thursday		Thursday	
Beetle Drive 10.30 - 11.45am	Lunch Club 12 noon	Bingo 2.30 - 3.30pm	
Social Time - Pool, Darts, Dominoes			
Friday		Friday	
Krafty Friday Baking Class Literacy/Numeracy Creative Writing 10 - 11.45am Guitar Class 10am - 11.45am		Themed Entertainment 1 - 3pm	
Social Time - Pool, Darts, Dominoes			

8 Aboukir Street, Glasgow, G51 4QX 0141 445 3689